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**ECPD Headquarters** 

European Center for Peace and Development Centre Européen pour la Paix et le Développement Centro Europeo para la Paz y el Desarrollo Европейский центр мира и развития



University for Peace est. by the United Nations

26 April 2024

European Center for Peace and Development of the University for Peace established by the United Nations (ECPD), in the framework of the ECPD International Program of Transfer of Knowledge System in the field of Biomedical and Medical Sciences, in cooperation with the Long Island University (USA), VAMK University (Finland), University of Berlin (Germany), Istituto Superiore di Sanità (Italy), National School of Public Health of Greece, ECPD International Center for Integrative Medicine and South-Eastern Europe Health Network (SEEHN), organizes

# IV ECPD INTERNATIONAL SPECIALIST SEMINAR SYSTEMIC FAMILY PSYCHOTHERAPY WITH THE MAIN TOPIC

# FAMILY INTERVENTIONS IN DIFFERENT ASPECTS OF FAMILY LIFE

(Belgrade, 19–22 September 2024)

European Centre for Peace and Development University for Peace established by the United Nations is organising this specialist Program focusing on the importance of education in different aspects of family life and different types of family interventions. The main goal of the Seminar is to improve understanding of functional and dysfunctional family systems, given that at this moment we are facing very serious problems: divorce rate is increasing rapidly, child abuse is one of the most serious social problem in the contemporary world, sexual abuse of children occurs primarily within the family, family violence is increasing dramatically and youth suicide is often related to family dynamics.

The Program Director and leading lecturer is Prof. Dr. Mila Goldner Vukov, member of the Royal Psychiatric College of Australia and New Zealand and one of the founders of family psychotherapy in South East Europe.

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The seminar is internationally and nationally accredited. By the Health Council of Serbia the Seminar is accredited as a National seminar of the 1st category with 12 points for lecturers and 6 points for participants. The accreditation number of Seminar is A-1-197/24.

Dysfunctional families are sometimes hidden in "nice wrappings" of the narcissistic family systems or families with authoritarian parents and family dynamics that create children who become a danger to society. In order to recognise the different types of families, we have to be educated in how to assess family functioning and to understand better the differences in functioning of male and female brains in order to educate partners better in the process of couple therapy. Taking into consideration biological and psychological differences, partners can use biological and social skills for better communication and problem solving.

Getting to know the complexity of family dynamics in mother - daughter, father -son and siblings relationships will help the professional people to adjust their interventions when working on the improvement of those relationships.

Family interventions are very important in perinatal psychiatry, in problems with fertility and especially in psycho-oncology. Our focus is primarily on the positive aspects in family dynamics using the concepts of positive psychology. Contemporary psychiatry uses a positive approach in the treatment of psychiatric disorders, which focuses on strengths and solutions and less on the identification of problems. The positive psychiatry concept is applicable in mental health as well as in somatic conditions. Positive psychiatry with a focus on positive family therapy is highly recommended for children and adolescent. Positive family therapy which is based on positive psychology and family systems therapy is highly recommended in dealing with family and couple problems.

Family interventions have one more important goal which is to improve the individuals and family's resilience. When a family is resilient, the majority of problems that are the result of family dynamics or those deriving from cultural and societal milieu can be solved on a more functional level.

#### Program

The main topics of the Seminar include the following:

- FUNCTIONAL FAMILY
- THE SPECTRUM OF DIFFERENT TYPES OF FAMILIES
- ASSESSMENT OF FAMILY FUNCTIONING
- DYNAMICS OF PARTNERSHIP
- UNDERSTANDING MALE AND FEMALE BRAIN
- DIFFERENT FACES OF LOVE
- FAMILY RELATIONS: MOTHER DAUGHTER, FATHER SON, BROTHERS SISTERS AND OTHERS
- FAMILY INTERVENTIONS AND: DOMESTIC VIOLENCE, PERINATAL HEALTH PROTECTION, FERTILITY ISSUES AND PSYCHO-ONCOLOGY



- TRANSGENERATIONAL AND INTERGENERATIONAL TRAUMA
- SYSTEMATIC APPROACH TO FAMILY VIOLENCE
- · ADDICTIVE DISEASES AND FAMILY DYNAMICS
- SYSTEMIC FAMILY THERAPY AND ADDICTIVE DISEASES
- POSITIVE FAMILY THERAPY
- HOW TO IMPROVE FAMILY RESILIENCE

#### Lecturers

- **Prof. Dr. Mila Goldner Vukov**, FRANZCP, psychiatrist and psychotherapist, member of the Royal Psychiatric College of Australia and New Zealand, a consultant in Maternal Mental Health Whirinaki
- **Prof. Dr. Zoran Zoričić**, psychiatrist and psychotherapist, Head of the Reference Center of the Ministry of Health of the Republic of Croatia for addictions, Director of the Institute for Alcoholism and Other Addictions, President of the Croatian Association of KLA, Zagreb
- **Prof. Dr. Slavica Đukić Dejanović**, fMinister of the Republic of Serbia, Professor of the ECPD UN University for Peace
- Prof. Dr. Luca Rosi, Istituto Superiore di Sanità, Italy
- Prof. Dr. Petar Nastasić, psychiatrist and psychotherapist, professor at the ECPD UN University for Peace, Belgrade
- Prof. Dr. Nevena Čalovska Hercog, psychiatrist and psychotherapist, Secretary General of the European Association for Family Therapy, Professor at the Faculty of Media and Communication, Belgrade
- Prof. Dr. Verica Jovanović, Director of the Institute of Public Health of Serbia "Dr Milan Jovanovic Batut"
- Prof. Dr. Vladimir Diligenski, Director of the Clinic for Psychiatry and Assistant General Director of KBC "Dr. Dragiša Mišović", Belgrade
- Dr. Sci. Miroslava Maksimović, ECP, specialist in medical psychology, family therapist and psychotherapist, Psychiatric Department, General Hospital Valjevo
- Mr. Sci. med. Snežana Mijalković, ECP, psychiatrist, psycho-oncologist and psychotherapist, Counseling for psycho-oncology Clinic for gynecology and obstetrics, Clinical Center of Serbia, Belgrade and others.

#### Certificate

Based on the participation in lectures and acquired knowledge and skills during the Seminar, participants will receive an internationally and nationally accredited Certificate of the ECPD University for Peace established by the United Nations.



#### Application for participation and participation fee

Participation fee for the Seminar is 300 EUR.

**An application** should be delivered to the following address: European Center for Peace and Development (ECPD) UN University for Peace, Terazije 41, 11000 Belgrade, Serbia; Tel: +381 3246 041; E-mail: ecpd@Eunet.rs and office@ecpd.org.rs; www.ecpd.org.rs

We are looking forward to receiving your application and welcoming you at the Seminar. Sincerely yours,

PROGRAM DIRECTOR (Prof. Dr. Mila Goldner Vukov)

SEMINAR COUNCIL PRESIDENT (Prof. Dr. Slavica Đukić Dejanović)

Lavica Lucic Dejanavio

DIRECTOR OF ECPD BIOMEDICAL AND MEDICAL STUDIES (Academician Vladimir Kanjuh)

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## **ECPD INTERNATIONAL SPECIALIST SEMINAR**

### SYSTEMIC FAMILY PSYCHOTHERAPY

(Belgrade, 19-22 September 2024)

APPLICATION FORM	
Name and surname	
Educational background	
Specialty	
Organization (name, address, phone)	
Workplace or function	
Address for correspondence (if different than the given one)	
Phone	Fax
E-mail address:	
Licence number	
The Application Form should be submitted Development University for Peace, Terazije E-mail: office@ecpd.org.rs and ecpd@eunet.rs; v	41, 11000 Belgrade; Tel: +381 11 3246 041;
The participation fee should be paid through instructions and pro-forma invoice, please Tel: +381 11 3246 041; E-mail: office@ecpd.org.rs	se contact ECPD Financial Department:
Note: A copy of your Diploma must be delivered!	
Place and date	Candidate
	(Signature)